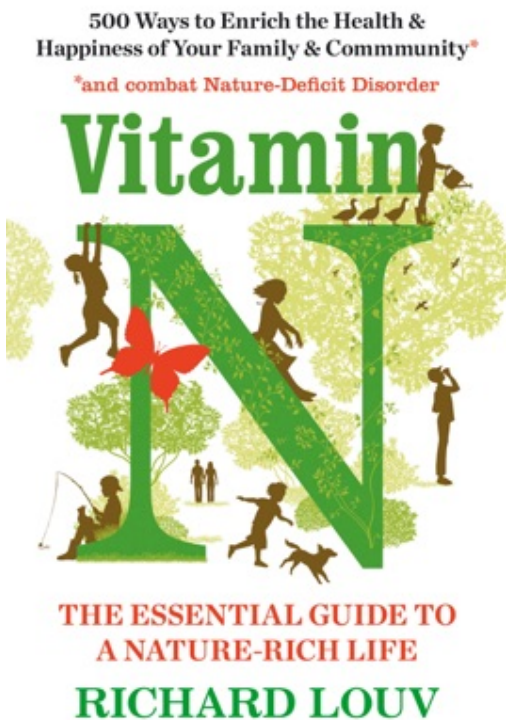


Descargar libros gratis Vitamin N - Richard Louv QBook



From the bestselling authority on connecting children with nature, a one-of-a-kind guide chock-full of practical ideas, advice and inspiration for creating a nature-rich life - for kids and grown-ups.

In his groundbreaking international bestseller *Last Child in the Woods*, Richard Louv spotlighted the alienation of children from the natural world, coining the term 'nature-deficit disorder'. *Vitamin N* is the comprehensive practical handbook, a complete prescription for enjoying the natural world.

- Includes:
- Five hundred activities
 - Scores of informational websites
 - An abundance of down-to-earth advice
 - Dozens of thought-provoking essays.

Unlike other guidebooks, *Vitamin N* (for 'nature') addresses the whole family and the wider community, encouraging parents eager to share nature with their kids. It is a dose of pure inspiration, reminding us that looking up at the stars or taking a walk in the woods is as joyful as it is essential, at any age.

Title	:	Vitamin N
Author	:	Richard Louv
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File Size	:	6.25MB

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