

Descargar libros gratis Tu momento es ahora (Your Moment Is Now Spanish Edition) - Victor Hugo Manzanilla QBook



Las cosas buenas no solo le suceden a los demás. El momento ha llegado. Es hora de que el éxito te suceda a ti. Este libro te guiará por un proceso de tres pasos sencillos cuya aplicación garantizan que alcances tus sueños y metas.

El éxito es una ciencia y un arte a la vez. Por un lado, son principios que invariablemente te llevarán a acercarte a tus sueños. Por otro, es un arte, un proceso de descubrirte a ti mismo, y encontrar plenitud y significado para tu vida. Necesitas aprender ambos: el arte y la ciencia del éxito.

Este libro te llevará por un proceso de tres pasos:

1. Conquistando lo interno: Para tener éxito y lograr tus sueños (conquistar lo externo), primero necesitas conquistar lo interno. Debes aprender a reprogramar tu mente, conectar con tu espíritu y desarrollar tu cuerpo, y así estar listo para la gran aventura de tu vida. El epicentro de la plenitud, el significado y la felicidad se encuentran en este primer paso.

Si no conquistas lo interno, nunca te sentirás pleno, sin importar el nivel de éxito que hayas alcanzado. Todo esto es el arte del éxito.

2. Conectando lo interno con lo externo: Este segundo paso tiene que ver con la definición de la visión para tu vida, tus metas, los hábitos que necesitas desarrollar para transitar el camino correcto. En este segundo paso defines el mapa que precisas para lanzarte a la aventura por tus sueños.

3. Conquistando lo externo: En este tercer y último paso te entrego las herramientas y las habilidades básicas que necesitas para alcanzar el éxito tal y como lo tienes definido. Aquí descubrirás la ciencia del éxito: establecer una estructura integral que puedes seguir para lograr tus metas de manera tangible.

ESTE ES EL MOMENTO QUE HAS ESTADO ESPERANDO. TU MOMENTO ES AHORA.

I have long waited for this moment...

I have seen in my life how great things happen to my family members, coworkers, and friends: promotions, money, opportunities, etc. And sometimes I feel that those opportunities don't come my way at the same level as they do to others. I need to have that time now."

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This book will guide you on the path to ensuring that your time arrives now. Success will now happen to you.

That Success is both a matter of science and of art. On one hand there are the principles that, if applied will bring you closer to your dreams. On the other, it is a process of self-discovery allowing you to find fulfillment and meaning in your life. This book will take you through a three-step process: Conquering the internal, Connecting the internal to the external and Conquering the external

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