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Sorpréndete y sorprende con estas 60 recetas básicas de la cocina japonesa.

Casi todos hemos sentido el frescor resbaladizo del sashimi o hemos sorbido ruidosamente los fideos udon... pero son pocos los que conocen los secretos de estos platos que esconden un ritual de elaboración perfectamente medido.

Este libro recoge cada uno de esos pasos para ti, acercándote las técnicas milenarias de una cocina inesperadamente sencilla, sana y sabrosa a través de **60 recetas** japonesas clásicas con un resultado espectacular.

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