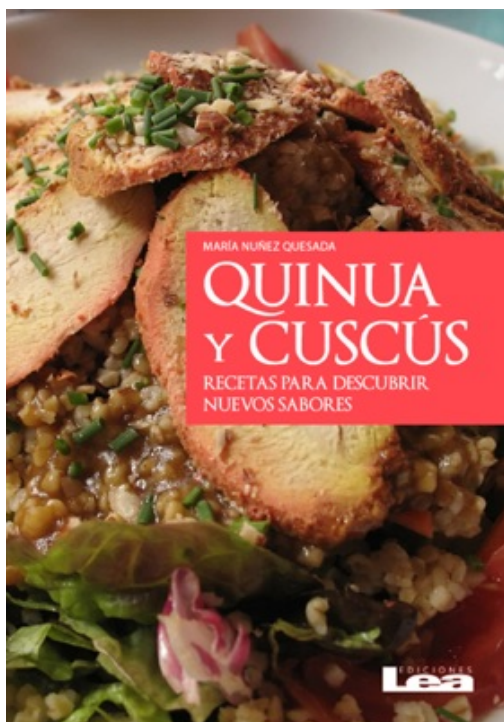


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La quinoa y el cuscús son dos alimentos con infinitas posibilidades culinarias. Tanto el primero -originario de nuestra América-, como el segundo -originario del norte de África- son ricos nutricionalmente y aptos para preparar todo tipo de platos dulces y salados. Este libro propone descubrirlos para poderlos disfrutar en la dieta diaria.

<b>Title</b>	:	Quinoa y cuscús
<b>Author</b>	:	María Nuñez Quesada
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