

# Descargar libros gratis How To Travel With Kids (Without Losing Your Mind) - Natasha, Sandhir QBook



Think you have to suppress your sense of wanderlust now that you're a parent? **Think again!**

In *How to Travel With Kids (Without Losing Your Mind)*, passionate world travelers and parents AJ Ratani and Natasha Sandhir share their groundbreaking travel philosophy, **Be F.L.E.X.I.B.L.E.** which turns conventional thinking on its head and presents parents with real-world solutions to the most common kid-related travel concerns.

After spending several years climbing the corporate ladder, AJ and Natasha decided to pursue their dreams of traveling the world and embarked on the adventure of a lifetime with their almost two-year-old son in tow. Now, they have traveled to 41 countries, took 73 flights, and visited 110 unique destinations as a family. And along the way, they've discovered innovative tips and tricks that make traveling with kids not only doable, but enjoyable!

Inside, you'll discover:

- Why you shouldn't wait until your children are older to travel.
- 8 potty secrets that'll save your trip.
- AJ and Natasha's Exclusive Plane Seat Hacking Strategy, designed to give you extra space on a plane for FREE!
- 5 steps to handle travel tantrums LIKE A BOSS.
- Our top 12 tips to making any flight fuss-free.
- Guidelines for choosing kid-friendly accommodations.
- The Mary Poppins Packing Method—and why it's perfect for domestic and international travel.
- How to squash any fear and excuse holding you back from traveling
- How to help your child sleep anywhere and instantly adjust to a new schedule.
- 9 things you wouldn't believe that you could do with your kids while traveling.
- How to travel stress-free and happy with 1, 2, or even 3 kids.
- And so much more!

Complete with comprehensive packing lists, suggested travel destinations for every occasion, and hilarious anecdotes from AJ and Natasha's travels, *How to Travel With Kids (Without Losing Your Mind)* will leave you feeling empowered, inspired and excited to indulge your love of travel NOW and make memories with your loved ones that will last forever.

**Title** : How To Travel With Kids (Without Losing Your Mind)  
**Author** : Natasha, Sandhir  
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