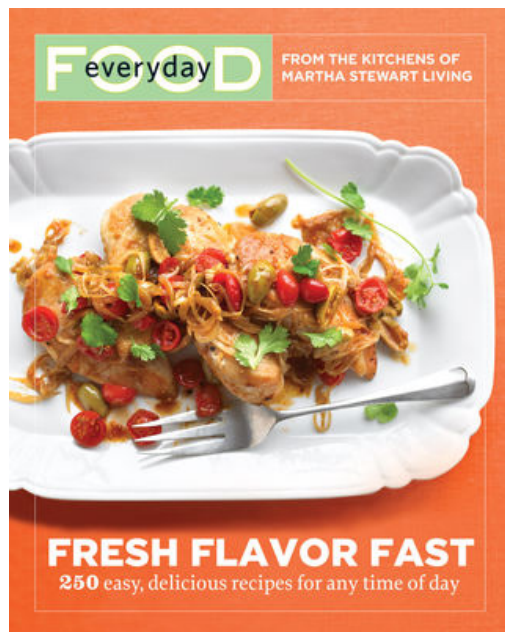


Descargar libros gratis Everyday Food: Fresh Flavor Fast - Martha Stewart Living Magazine DBSBOOK



With 250 tempting recipes to take you from breakfast all the way through dessert, *Everyday Food: Fresh Flavor Fast* is the indispensable collection that home cooks yearn for. Organized into familiar categories—including sandwiches and pizzas, appetizers, salads, soups and stews, pastas, main courses, and side dishes—this highly anticipated follow-up to the bestselling *Everyday Food: Great Food Fast* helps you whip up the perfect dish any time of day.

Here is a book for the way we cook and eat now, with an emphasis on stretching meals (for example, leftovers from a roasted chicken are used to make a quick gumbo and roasted vegetables perform a second act as a vibrant pizza topping), turning to economical ingredients that deliver great results (such as flank steak, served with a piquant parsley-garlic sauce), and making healthier versions of comfort foods

without skimping on flavor (like a lower-calorie chicken potpie). A section on enticing vegetarian main dishes as well as a roster of irresistible desserts round out this comprehensive collection. Here's a taste of what's inside:

- Breakfast:** Jam-Filled French Toast
- Sandwiches and Pizzas:** Eggplant and Mozzarella Melt
- Appetizers:** Goat Cheese Crostini
- Salads:** BLT Salad with Buttermilk Dressing
- Soups and Stews:** Minestrone
- Pastas:** Spaghetti Puttanesca
- Main Courses:** Meatballs with Rosemary
- Vegetarian:** Mushroom and Parmesan Risotto
- Side Dishes:** Roasted Sweet Potato Fries
- Desserts:** Gingered Blackberry and Plum Shortcakes

Brimming with great time- and budget-saving tips as well as smart kitchen techniques, *Everyday Food: Fresh Flavor Fast* helps you use what you have on hand to make everyone's favorite foods. With an easy-to-read format, a photograph of each and every dish, and plenty of ideas to keep you inspired, this is the cookbook you will turn to day after day for wonderfully simple, delicious meals.

Note: This eBook edition of Everyday Food: Fresh Flavor Fast includes photographs that will appear on black-and-white devices but are optimized for devices that support full-color images.

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