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40 recetas vegetarianas que cambiarán tu vida cotidiana. ¿Quieres seguir una alimentación vegetariana pero no tienes tiempo y no sabes por dónde empezar? En este libro, Julie Bavant responde a todas tus dudas y te propone recetas fáciles y rápidas para acercarte a esta cocina que, lejos del aburrimiento, te abrirá un mundo de nuevas y sanas experiencias.

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